Shouldn't I let my dog have a heat before I spay her?

Opinions vary amongst vets, but remember that "heat" is a three week period during which you have to protect your dog from unwanted pregnancy.

My dog is a guard dog. If I spay or neuter him, will that stop him from protecting my house?

Spaying or neutering is not going to affect your dog's desire or ability to protect your home.

My dog leaves marks all over my house. If I neuter him, will that stop?

Neutering a dog will decrease and could eliminate that kind of marking, which is a territorial behavior. Check with your vet that there are no other health problems involved.

Will spaying or neutering my dog prevent future illnesses?

Yes, absolutely. Generally, spayed and neutered pets live longer, happier lives.

"Instead of getting neutered, can you just give me a lecture on abstinence?"

Who we are

TNR Trust is a registered trust in Kenya. It was set up with the aim to improve community health by addressing overpopulation of cats and dogs,the risk of contracting rabies, and education on animal welfare to mitigate these.
TNR Trust runs entirely with the help of volunteers and concerned vets and is dependent on donations.

Get in touch !

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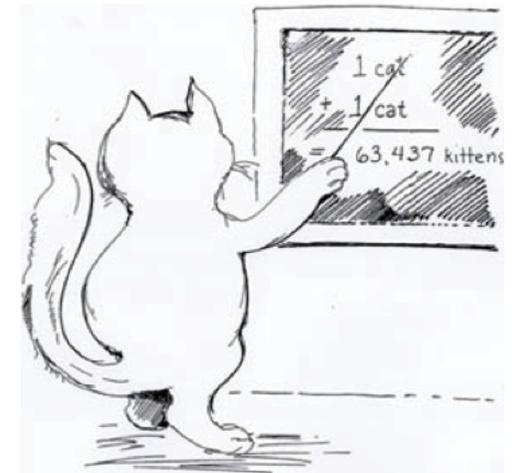
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"ONCE READ, PASS IT ON!"

TNR TRUST

"Community Health through Animal Welfare"

Pets can't Add, but they can Multiply!

Why Spay and Neuter?

Simply because there are too many animals. Nairobi has an enourmous per overpopulation problem - next to all the stray dogs and cats the KSPCA and TNR Trust handle there are also a vast number of companion animals that are no longer wanted.

What do the terms 'Spaying' & 'Neutering' mean?

- **Spay** (females) and **neuter** (males) are surgical procedures performed by a vet to prevent animals from reproducing
- **Spaying** consists of removing the uterus and the ovaries. **Neutering** involves removal of the testicals.
- "*Sterilisation*", "*fixing*" or "*altering*" are terms also used.

One Female Cat
and her offspring can theoretically produce over
420,000 KITTENS
in seven years!

One Female Dog
and her offspring can theoretically produce over
96,000 PUPPIES
in seven years!

What's the Solution?

1. Spay or neuter your pet!
2. Encourage others to do the same.
3. Sponsor the spaying or neutering of stray and shelter animals with a donation to TNR Trust.

What are the Benefits?

The benefits of spaying or neutering your pet are plentiful:
- Reduces dog & cat overpopulation
- Increases community health by:
  - ✓ Reducing the risk of rabies
  - ✓ Reducing the risk of dog bites
  - ✓ Ensuring a small and manageable, healthy animal population
- Reduces the likelihood of uterine, ovarian and testicular cancer
- Your pet may live longer.
- Female health and longevity due to reduced physical stress from overbreeding
- Decrease in malnourished puppies and kittens
- Spaying and neutering decreases aggressive behaviour in pets:
  - ✓ **DOGS**: Are calmer and less likely to bite, attack or have fights
  - ✓ **CATS**: Reduces marking territories, spraying and cat fights
- Spaying also ends the heat or "season" cycle in females. For both species it eliminates the drive to reproduce and decreases the likelihood of your pet wandering away.
  - ✓ **DOGS**: Heat cycles are usually twice a year and may result in many unwanted behaviour changes including possible aggression
  - ✓ **CATS**: Generally go in and out of heat every three weeks (!) and can get pregnant while still suckling new born kittens.

It's not just rabbits who multiply like rabbits.
Spay or neuter your pets. Help stop pet overpopulation.

Frequently Asked Questions

If I neuter my male dog or cat, will he feel less like a male?

Animals don't think of themselves as male or female, they react instinctively and reproduce based on hormones.

My pet is just a puppy or kitten, when should I spay or neuter?

Spay or neuter your cat around 4 months and your dog around 8 months of age. Consult your vet.

Will spaying or neutering change my pet's personality?

A little but in a positive way; generally a pet's behaviour is calmer and more stable after they have been neutered/spayed.

Will my pet become fat or lazy once he or she is sterilised?

No. Pets become fat and lazy as a result of over-eating, a lack of exercise or a medical condition.